

Referral Criteria | Clients

Please consider there may be the need for exceptions to be made at the Befriending Service Coordinator and Befriending Service Manager's discretion.

Lonely by definition | *Dejected because of want of company or society; sad at the thought that one is alone; a feeling of being lonely*

Isolated by definition | *Placed or standing apart or alone; detached or separate from other things or persons; unconnected with anything else; solitary*

- Meets the description for the term “Lonely” or “Isolated” as defined above
- Client has to be over the age of 55 (unless exception granted)
- Not a recipient of frequent visitation of a social nature– Frequent measured as 3 visits a week (within a 7-day period) Note: This excludes scheduled carer visits
- Client does not attend any weekly clubs, classes, activities or does not go out regularly in the community.
- Client’s Mood Measure for “Mental Wellbeing” at time of Client Enquiry to measure at 3 or less on 3 or more of below statements (*Measured as per the Industry Standard The Warwick–Edinburgh Mental Well-being Scale (WEMWBS)*)

| STATEMENTS | None of the time | Rarely | Some of the time | Often | All of the time |
|---|------------------|--------|------------------|-------|-----------------|
| I've been feeling optimistic about the future | 1 | 2 | 3 | 4 | 5 |
| I've been feeling useful | 1 | 2 | 3 | 4 | 5 |
| I've been feeling interested in other people | 1 | 2 | 3 | 4 | 5 |
| I've been feeling good about myself | 1 | 2 | 3 | 4 | 5 |
| I've been feeling confident | 1 | 2 | 3 | 4 | 5 |
| I've been interested in new things | 1 | 2 | 3 | 4 | 5 |
| I've been feeling cheerful | 1 | 2 | 3 | 4 | 5 |